

CPCCC's Elementary School CHALLENGE



Friday, **JUNE 17TH**

EVENT DETAILS

FRIDAY, JUNE 17TH

10:00 am – 3:00 pm

Carleton Place Canoe Club

Learn how to paddle in our dragon boats, war canoe, kayaks and canoes

Package includes: entry into regatta and B-B-Q lunch

Two participants from each team will be awarded ESC Scholarship, redeemable for a free week membership during our summer programs

CARLETON PLACE CANOE CLUB

Providing paddling opportunities to Ottawa Valley Communities

Carleton Place Canoe Club (CPCCC) invites your school to participate in our Elementary School Challenge (ESC) program on Friday, June 17th, 2011. The program enables young people the opportunity to paddle and compete in a variety of boats, including the always exciting dragon boat and war canoe against other schools in a fun and safe environment. So join your friends to compete to be the best paddlers in the community and start your paddling career that one day could see you representing Canada at the Olympics.

Participants are also invited to bring their family members down to watch the races and take part in our activities, including use of our kayaks and canoes, fun races, and babysitting by our summer staff (ages 5 to 12).



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CARLETON PLACE CANOE CLUB

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The Carleton Place Canoe Club would like to extend students from local elementary schools an invitation to join students from schools across the community and take part in our Elementary School Challenge (ESC) Program.

The ESC Program offers either a one day training session or multiple 1.5 hour session (can be completed after school) where students will be introduced to the fundamental movements of our sport in a variety of boats and will be instructed in water safety skills. The program fosters teamwork, building individual confidence and social development. All equipment, including boats, paddles and Personal Floatation Devices (P.F.D.'s), are supplied.

Participants will then be given the opportunity to compete against other program participants at our Elementary School Challenge Regatta on Friday, June 17th in a fun and enthusiastic environment.

The \$20 per participant fee includes equipment rental, participation in the full day training session and regatta, coaching and B.B.Q lunch during the regatta. In addition, 2 participants per crew (crew will consist of a maximum of 24 students) will be awarded an ESC Scholarship, redeemable for a free week membership during our summer programs.

The cost to those interested in the one day training session only is \$15 per participant. The fee includes equipment rental, coaching and B.B.Q. lunch.

If your school is interested in being a part of our Elementary School Challenge please do not hesitate to contact me at (613) 464-9476 or coach@cpcanoeclub.com for more information.

'The students thoroughly enjoyed the day...but they had one complaint, they didn't want to leave...thanks for making the day a success for us...'

North Elmsley Public School teacher

The Canoe Club also has programs open to anyone, ages 6 to 80+, who are interested in fun and fitness. For more information on our Club programs please visit our website at www.cpcanoeclub.com.

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